

# Lilibet's

## Week 1

### Monday

#### Break

Clementines / Sweet & Salty Popcorn

#### Main

Spaghetti with roasted tomato sauce (V)

Gluten free pasta with tomato sauce  
GF garlic bread

#### Sides

Steamed vegetables  
Garlic Bread

#### Dessert

Yoghurt & whole fruit

### Tuesday

#### Break

Bananas/Pretzels

#### Main

Pork/Chicken Sausages in onion gravy

Vegan Sausages in onion gravy

#### Sides

Mashed Potato  
Steamed vegetables

#### Dessert

Fruit jelly (V) & whole fruit

### Wednesday

#### Break

Melons, Watermelons/Samosas

#### Main

Mexican Beef Chili

Roast vegetable & Five Bean Chili

#### Sides

Tacos  
Sweetcorn

#### Dessert

Yoghurt & whole fruit

### Thursday

#### Break

Apples/Banana Bread

#### Main

Chicken and Vegetable Pie

Gluten Free Vegetable Pie

#### Sides

Roast Potatoes  
Steamed Vegetables

#### Dessert

Rice Pudding & whole fruit

### Friday

#### Break

Melons, Watermelons / Cheese Straws

#### Main

Chicken Gyros In Pitta Bread

Marinated Roast Vegetables In Pitta Bread

#### Sides

Chips  
Steamed vegetables

#### Dessert

Semolina pudding (V) & whole fruit

**All Free From Options listed are free from gluten, egg & dairy  
Jacket potato & baked beans with steamed vegetables also available daily**

# Lilibet's

## Week 2

### Monday

#### Break

Clementines / Nachos

#### Main

Macaroni Cheese

Gluten Free Gnocchi  
With Roasted Tomato  
sauce and gf garlic  
bread

#### Sides

Garlic Bread  
Steamed vegetable

#### Dessert

yoghurt & whole fruit

### Tuesday

#### Break

Bananas / Homemade  
Shortbread

#### Main

Katsu Chicken Curry

Sweet Potato & Vegetable  
Katsu(V)

#### Sides

Sticky Rice  
Sauté Vegetables

#### Dessert

Fruit jelly & whole fruit

### Wednesday

#### Break

Melons, Watermelons /  
Chocolate cookie

#### Main

Beef Lasagna In Tomato  
sauce

Soy & Vegetable Lasagna  
In Tomato Sauce

#### Sides

Steamed vegetables

#### Dessert

yoghurt & whole fruit

### Thursday

#### Break

Apples / Homemade Rice  
Cake

#### Main

BBQ Chicken  
BBQ Vegetable Burger

#### Sides

Roast Potatoes  
sweetcorn

#### Dessert

Fruit Jelly & Whole Fruit

### Friday

#### Break

Melons, Watermelons /  
Carrot Cake

#### Main

Margarita Pizza  
Pepperoni Pizza

#### Sides

Chips  
Fresh vegetable

#### Dessert

Chocolate Cookies &  
whole fruit

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Jacket potato & baked beans with steamed vegetables also available daily**

# Lilibet's

Week 3

## Monday

**Break**

Clementines / Spring  
Rolls

**Main**

Penne Pasta With  
Tomato sauce (V)

GF Penne Pasta With  
Tomato Sauce

**Sides**

Garlic Bread  
Steamed vegetables

**Dessert**

Fruit yoghurt & whole  
fruit

## Tuesday

**Break**

Bananas / Homemade  
Flapjack

**Main**

Roast Chicken With Herb  
Gravy

Marinated Vegan Fillet  
With Herb Gravy

**Sides**

Roast Potatoes  
Steamed Vegetables

**Dessert**

Fruit jelly & whole fruit

## Wednesday

**Break**

Melons, Watermelons /  
Courgette Cake

**Main**

Chicken Chow Mein

Stir fry Vegetables

**Sides**

Egg Noodles  
Rice noodles  
Bok Choi & Chinese Cabbage

**Dessert**

Fruit yoghurt & whole fruit

## Thursday

**Break**

Apples / Crudites

**Main**

Chicken Shawarma

Halloumi Shawarma

**Sides**

Roast Potatoes  
Steamed vegetables

**Dessert**

Rice Pudding & Whole  
Fruit

## Friday

**Break**

Melons, Watermelons /  
Doritos

**Main**

Fish Fingers

Eggplant and sweet  
Potato Curry(V)

**Sides**

Chips  
Steamed vegetables

**Dessert**

Vanilla cake,  
Custard & whole  
fruit

**All Free From options listed are free from gluten, egg & dairy  
Jacket potato & baked beans with steamed vegetables also available daily**